



# OPEN WATER

24 - 26 AGOSTO

LIDO DI OSTIA



**DAY**

<b>1</b>	<b>2</b>	<b>3</b>
24/08/2022 - 09.30	25/08/2022 - 09.30	26/08/2022 - 09.30

**RACE**

Waves	Sex	Category	Waves	Sex	Category	Waves	Sex	Category
1° Waves	Men	45-49	1° Waves	Men	25-29	1° Waves	Men	55-59
2° Waves	Men	50-54		Men	30-34	2° Waves	Men	60-64
3° Waves	Women	40-44	2° Waves	Men	35-39	3° Waves	Women	50-54
	Women	45-49		Men	40-44		Women	55-59
4° Waves	Men	75-79	3° Waves	Women	25-29	4° Waves	Men	65-69
	Men	80-84		Women	30-34		Men	70-74
	Men	85-89		Women	35-39	5° Waves	Women	60-64
	Women	70-74		Women	65-69			
	Women	75-79						
	Women	80-84						
	Women	85-89						

LOCAL TIME  
 OPEN TIME INFOPOINT AND ASSIGNMENT NUMBER AT 07.30 A.M.  
 TIMING VERSION - 1.4