



DAY	1	2	3	4
	Thursday 18/08/2022	Friday 19/08/2022	Saturday 20/08/2022	Sunday 21/08/2022

RACE	MORNING	MORNING	MORNING starting at 10:00	MORNING starting at 10:00
	09.00   W - 10km	09.00   M - 10km	07.00   W M - 25km	09.00   Team Event 5km
	NO RACE*	NO RACE*	10:00   W/M - 5km*	10:00   W/M 10km*
	11.45   M - 5km	11.45   W - 5km	11.30   Medal Ceremony	11.00   Medal Ceremony
	NO RACE*	NO RACE*	13:00   W/M 25km*	16:00   Team Event 5km
		12.30   Medal Ceremony		
		NO RACE*	Medal Ceremony*	Medal Ceremony*

LOCAL TIME
DISTANCES IN METRES
TIMING VERSION - 2.0
\* NEW SCHEDULE AFTER LEN TECHNICAL OWS COMMITTEE OFFICIAL COMMUNICATION
W - WOMEN M - MEN